

KidneyTalk™ interview: Understanding and Preventing Transplant Rejection with Stanley C. Jordan, MD

Glendale, CA – November 6, 2019 – Stanley C. Jordan, MD, joins Lori Hartwell, Founder of the Renal Support Network (RSN) in an episode of RSN's KidneyTalk™ podcast, to discuss advances in transplantation that will help recipients give their new kidney a long and healthy life.

Dr. Jordan is the Director of Nephrology and Transplant Immunology at Cedars-Sinai Medical Center and a pioneering kidney transplant researcher. Lori has known him since her childhood, and calls him a “genius.” From the beginning of his career, he was fascinated by immunology research and wanted to understand how it could be applied to problems with transplant rejection. In this episode of KidneyTalk, Dr. Jordan delves deeply into the role of antibodies—how they affect who is able to receive a transplant and how long that kidney can remain healthy.

There have been many advances in medications since Dr. Jordan began his research. However, medications still have side effects that can cause patients to skip doses. Dr. Jordan states, “Chronic rejection... is the number one challenge we have. It's what causes most kidneys to fail over time.” However, there are things transplant recipients can do to prevent this from happening. There are new treatments and medications on the horizon that may help minimize the difficulty of a daily medication regimen. Dr. Jordan also talks about current therapies which decrease antibodies and allow someone with high antibodies to still be eligible for a transplant.

Lori is excited about these new advances. “Kidney transplantation is the treatment of choice for many people with end-stage kidney disease. It's great to know there is innovative treatment and monitoring methods to help us keep our gift of life for a long time.”

Tune in to KidneyTalk™ to find out more or search your favorite podcast App!

The Renal Support Network (RSN) is a nonprofit patient-run organization that provides nonmedical services to those affected by chronic kidney disease. RSN strives to help patients (dialysis, kidney transplant, and newly diagnosed patients) develop their personal coping skills, special talents, and employability by educating and empowering them to take control of the course and management of their disease. RSN was founded by Lori Hartwell who is a kidney disease survivor since 1968. Visit [www.RSNhope.org](http://www.RSNhope.org) for more information.

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